



# Reclaiming Your Joy: A Journey Back to Your "Why"

**"The heart of education is the education of the heart."**

Acknowledge the weight you carry every day. Today is about putting that weight down for a moment and reconnecting with the spark that started it all. Use the spaces below to reflect authentically on your journey.

## 1. The Original Spark

**Think back to when you first decided to be an early childhood teacher. What was your dream? What vision did you have for yourself and the children you'd teach?**

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## 2. The Power of Connection

**What is one specific child or family you've worked with who has profoundly impacted you, or whose growth you felt truly proud to be part of?**

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### 3. Your Lasting Legacy

**Beyond curriculum and daily care, what is the deepest impact you hope to have on the children in your care? What legacy do you want to leave?**

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### 4. Your Unique Contribution

**What unique strengths or qualities do you bring to the classroom that make a difference? (Is it your patience, your humor, your storytelling, or your calm in the storm?)**

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### 5. Your Compass

**If you could distill your core purpose as an early childhood teacher into one sentence, what would it be?**

**My "Why" is:**