

What is Healthy Families America?

Healthy Families America (HFA) is a voluntary, evidenced based, trauma informed, home-visiting program for new and expectant parents. HFA promotes child well-being and prevents abuse and neglect of children in communities through family focused and empathic support provided in the home.

Components of HFA

- Family goal planning
- Prenatal support
- Maternal and infant/child screenings
- Service planning
- Family events

Goals/Outcomes

- Improve birth outcomes
- Promote positive parenting practices
- Cultivate and strengthen nurturing parent-child relationships
- Improve child safety and prevent maltreatment
- Promote healthy child development
- Improve school readiness

Service Delivery

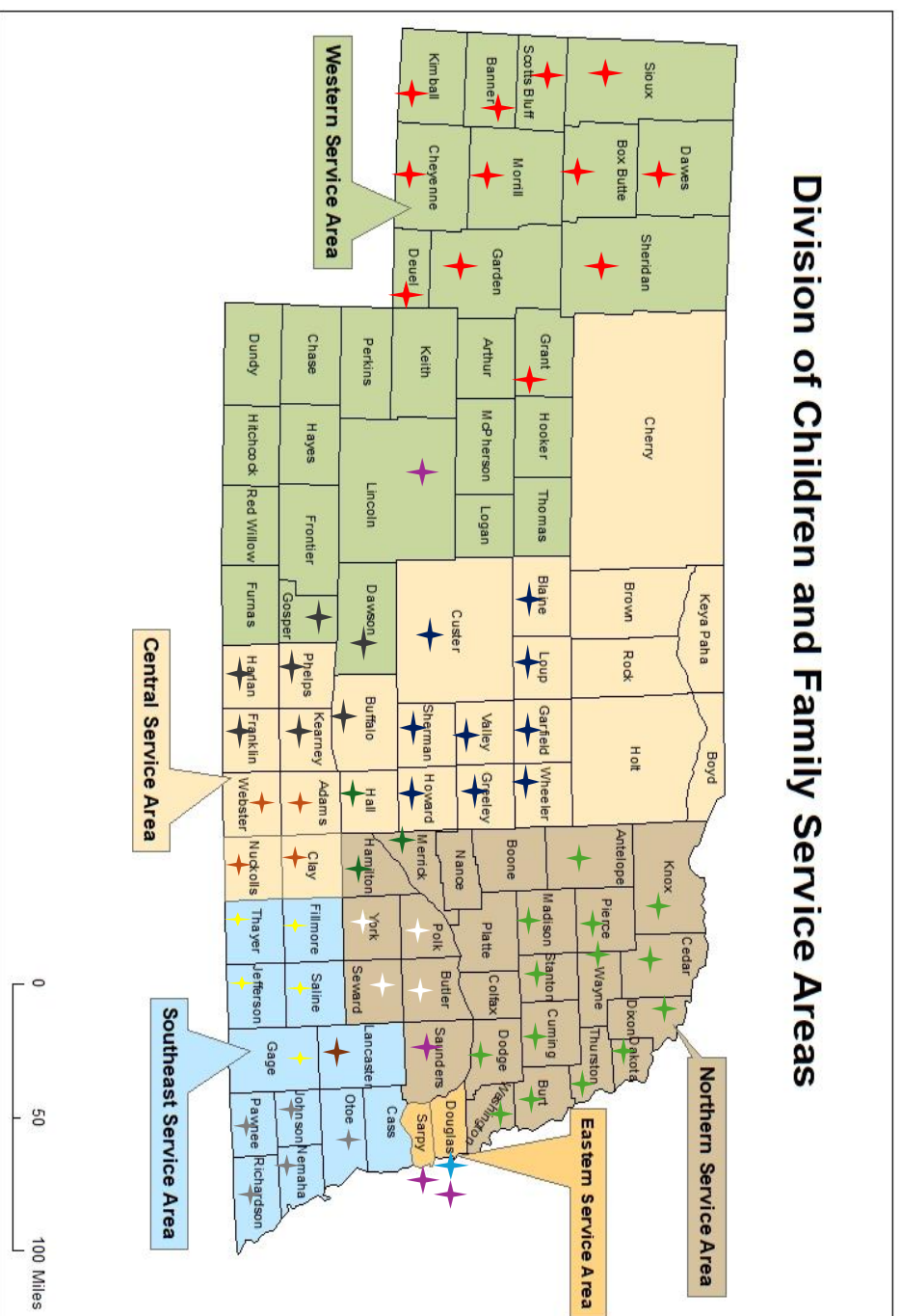
- HFA can be provided prenatally through age 5.
- Tiered services are provided and intensity of service is based on family progress;
- Home visits typically start out weekly and occur for one hour.
- Visits occur in the home but can occur in a community setting if needed.
- Highly trained home visitors are equipped with curriculum and other tools to help provide education and support to families.

Target Population

- Families can enroll prenatally through 24 months of birth (22 months or less for Lincoln Lancaster County Health Department).
- HFA is designed to serve families of children who have increased risk for maltreatment or other adverse childhood experiences.
- Each HFA site may determine certain characteristics that it targets such as low-income, single parent households, families who have experienced substance use, mental health needs, and/or domestic violence.

****HFA and Early Development Network (EDN) services are not the same and families may participate in both if they choose to.***

Division of Children and Family Service Areas



Panhandle Public Health District
 Box Butte, Morrill, Scotts Bluff, Banner, Kimball, Cheyenne, Garden, Deuel, Sioux, Dawes, Grant, and Sheridan counties
 Program Manager: Dezarrae Brandt
 (308)765-5249
dbrandt@pphd.ne.gov

Northeast Community Action Partnership
 Dakota, Thurston, Knox, Cedar, Dixon, Antelope, Pierce, Wayne, Madison, Stanton, Cuming, Burt, Dodge, Washington counties
 Program Coordinator: Jennifer Keller
jkeller@nenncap.org

Public Health Solutions
 Jefferson, Gage, Fillmore, Saline, Thayer counties
 Program Manager: Angela Johnson
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Lincoln-Lancaster County Health Department

Lancaster County
 Program Manager: Kodi Bonesteel
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Nebraska Children's Home Society

Douglas/Sary Counties: Angelica Hernandez
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Saunders County: Candace Johnson
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Lincoln County: Karissa Anderson
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Southwest District Health Department

Otoe, Johnson, Nemaha, Pawnee, Richardson counties
 Program Manager: Megan Piper
 (402)414-7197
megan@sedhd.org

Visiting Nurse Association

Douglas County
 Program Manager: Jennifer Durand
 (402)930-4000
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Four Corners Health Department

York, Seward, Polk, Butler counties
 Program Manager: Sharen Saif
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